

Name:

Date:

Please **place a mark somewhere between “True” and “False”** to indicate how close to true or false each statement seems to be for you generally.

I usually feel that I am making a favourable impression when I talk.	True		False
I find it easy to talk with almost anyone.	True		False
I find it very easy to look at my audience while speaking to a group.	True		False
A person who is my teacher or my boss is hard to talk to.	True		False
Even the idea of giving a talk in public makes me afraid.	True		False
Some words are harder than others for me to say.	True		False
I forget all about myself shortly after I begin to give a speech.	True		False
I am a good mixer socially.	True		False
People sometimes seem uncomfortable when I am talking to them.	True		False
I dislike introducing one person to another.	True		False
I often ask questions in group discussions.	True		False
I find it easy to keep control of my voice when speaking.	True		False
I do not mind speaking before a group.	True		False
I do not talk well enough to do the kind of work I'd really like to do.	True		False
My speaking voice is rather pleasant and easy to listen to.	True		False
I am sometimes embarrassed by the way I talk.	True		False
I face most speaking situations with complete confidence.	True		False
There are only a few people I can talk with easily.	True		False
I talk better than I write.	True		False
I often feel nervous while talking.	True		False
I find it hard to make small talk when I meet new people.	True		False
I feel pretty confident about my speaking ability.	True		False
I wish that I could say things as clearly as others do.	True		False
Even though I know the right answer I have often failed to give it because I was afraid to speak out.	True		False

(Adapted from ERICKSON S24 SCALE)